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***Buddhist Spiritual Practices***, edited by David Fiordalis, PhD



## BUDDHIST SPIRITUAL PRACTICES

Thinking with Pierre Hadot on  
Buddhism, Philosophy, and the Path

David V. Fiordalis, Editor

Pierre Hadot maintained that philosophy in the Hellenistic period was understood as a form of spiritual practice—a guide to a way of life. The essays collected in *Buddhist Spiritual Practices* demonstrate that Buddhist philosophy can fruitfully be analyzed in line with Hadot's insights, and that doing so can contribute to contemporary discussions of the purpose of education and the role of spirituality in philosophical discourse.

In 2015, editor David Fiordalis worked with the late Luis Gómez to organize a conference on Hadot and the study of Buddhism at the Mangalam Research Center for Buddhist Languages, which was the source of essays in this volume. Contributors include James Apple, the late Steven Collins, Pierre-Julien Harter, Maria Heim, Sara McClintock, Davey Tomlinson, and Fiordalis himself.

The book contains an extensive bibliography of works by and on Hadot, Buddhist sources, and other secondary literature.

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... skillfully explores the prospects for developing Hadot's thought within Buddhist Studies... a valuable new contribution to this important discussion.

-Matthew T. Kapstein, *École Pratique des Hautes Études*;  
*University of Chicago Divinity School*

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